**Practice Log**

You may use this log to help organize you and make it easier to submit all your work at once. Please select a method that works for you. This is just one option. Please make sure you are uploading your assignment to Schoology when you are finished.

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| **Monday 4/27/20** | **Tuesday 4/28/20** | **Wednesday 4/29/20** | **Thursday 4/30/20** | **Friday 5/1/20** |
| I have practiced singing piano for the whole day. | For today, I tried to sing everything at mezzo piano. | I sang forte for the entire day, which strained my voice a lot. | I remained at a high note, and I did a crescendo into a forte from piano. | I sang at a constant low note and attempted a decrescendo from forte to piano. |
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**Reflection questions:**

Write a brief report of your daily practice in the table above and at the end of the week, include answers to the following questions:

1. Which dynamics were easiest and hardest for you to sing?  Why do you think that is? I feel like singing at a low volume/piano is the hardest for me to sing. It’s just difficult for me to remain at a low volume and sing.
2. What challenges if any did you have as you were practicing this technique? A challenge I had while practicing this technique is my voice straining right after I sang a song in forte.
3. Was is harder to sing each dynamic level higher or lower in your voice? It was more difficult to sing higher in my voice.